



25th Annual Best Practices in Brain Injury Services Conference

“*Shattering* the Myths,
Unmasking the Opportunities”

Break Out

Friday, March 3, 2017

2:15pm - 3:15pm

Robert L Karol, PhD, LP, ABPP-RP, CBIST

Dr. Karol is President of a group private practice, Karol Neuropsychological Services & Consulting, in Minneapolis, specializing in counseling for persons with brain injury, neuropsychological evaluations, program development consultation for organizations, workshops & staff training, and case consultation for providers, insurers, and attorneys. Dr. Karol also has served as Vice President of Brain Injury Services for Welcov Healthcare.

Dr. Karol is Board Certified by the American Board of Professional Psychology (ABPP) as a Rehabilitation Psychologist and is Certified by the Academy of Certified Brain Injury Specialists as a Certified Brain Injury Specialist Trainer. He received the American Psychological Association Rehabilitation Division Lifetime Practice Excellence Award in 2015 for excellence in clinical practice and contributions to the field of rehabilitation psychology. He is a member of the Minnesota Academy of Medicine.

He has authored four books: [1] *Neuropsychosocial Intervention: The Practical Treatment of Severe Behavioral Dyscontrol After Acquired Brain Injury* published by CRC Press, [2] *Overcoming Grief and Loss after Brain Injury* and [3] *Therapists' Guide to Grief and Loss after Brain Injury* both published by Oxford University Press, and [4] *Behavior Plan Workbook: How to Conceptualize and Treat Behaviors after Brain Injury* published by Lash & Associates. Other publications include book chapters *Principles of behavioral analysis and treatment* in *Brain Injury Medicine* and *Issues in Consultation* in *Practical Psychology in Medical Rehabilitation*.

He is the American Psychological Association's Rehabilitation Division Liaison to the Board of Professional Affairs. He co-founded the Minnesota Brain Injury Alliance, serving on its Board of Directors for 14 years and he is a past Chairman of the Board. He is currently on the Board of Directors of the United States Brain Injury Alliance. He is also on the Education Committee of Care Providers of Minnesota, the state affiliate of the American Health Care Association/National Center for Assisted Living. He serves on the Mayo Clinic's TBI Model Systems Regional Advisory Council.



Behavioral Treatment in Light of Cognitive Impairment: TBI, ABI and Beyond: Session Two

These two sessions will address how to treat behavioral dyscontrol. It is intended for participants to attend both parts as they are designed to be sequential. They will start with a discussion of typical treatment interventions for behavioral dyscontrol. The uses and problems with each will be discussed along with adjustments to consider in their use. Then the talk will focus on an alternative methodology that succeeds when the traditional treatments do not.

Objective:

- Describe three traditional interventions for behavioral dyscontrol
- Explain the uses and shortcomings of each treatment
- Identify an alternative model that works when the other interventions fail

Target Audience:

Social Workers, Nurses, Doctors, Therapists, Care/Case Managers, Providers, Educators and other health care professionals

*Not limited to target audience